



# BREAKFAST OF CHAMPIONS

## 2023

**1ST & 3RD FRIDAYS FROM 9:30—11:00 AM**



**WHAT:** DROP BY and enjoy a hot and delicious meal with us! Take-away breakfast is an option as well.

**WHEN:** 1st and 3rd Friday of each month from 9:30—11:00 am

- October 6th & 20th
- November 3rd & 17th
- December 1st & 15th

**WHERE:** 161 Bridge St. West, Unit One, Belleville  
FREE & Open to Everyone in the Community!

Registration is not required

Just DROP BY, or for more information, call **613-962-0000**

*Please Note: Group programs may be cancelled with short notice due to COVID-19*



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Website: [www.bqwchc.com](http://www.bqwchc.com)