



# BREAKFAST OF CHAMPIONS

## 2024

### 1ST & 3RD FRIDAYS FROM 9:30—11:00 AM



**WHAT:** DROP BY and enjoy a hot and delicious meal with us! Take-away breakfast is an option as well.

**WHEN:** 1st and 3rd Friday of each month from 9:30—11:00 am

- October 4th & 18th
- November 1st & 15th
- December 6th & 20th

**WHERE:** 161 Bridge St. West, Unit One, Belleville  
FREE & Open to Everyone in the Community!

Registration is not required

Just DROP BY, or for more information, call **613-962-0000**

*Please Note: Group programs may be cancelled with short notice due to COVID-19*



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Website: [www.bqwchc.com](http://www.bqwchc.com)