

BETTER BREATHERS



THE BETTER BREATHERS

A Quinte West
COPD Wellness Group

FIRST WEDNESDAY OF EVERY MONTH
FROM 1PM TO 2PM

FREE TO ATTEND

BELLEVILLE AND QUINTE WEST
COMMUNITY HEALTH CENTRE
69 CATHERINE ST, ROOM 223A
TRENTON, ON

INFO 613-965-0698

InspiAIR 
Breathe. Sleep.



Belleville and Quinte West
Community
Health Centre