



Community Wellness



Belleville and Quinte West
Community
Health Centre

Belleville

Friendly Social Group

2nd Thursday in October, November &
December, 2023 from 1:30-3:30 pm

Join us **IN-PERSON** for a chat & fun activity!

Date

Activity

October 12.....Card and Board Games

November 9.....Movie Trivia

December 14.....Holiday Craft

Where: BQWCHC, 161 Bridge Street West, Unit One

FREE & Open to Everyone in the Community!

Facilitated by BQWCHC Volunteers.

Drop by on the 2nd Thursday at 1:30 pm or for more information:

Call BQWCHC at **613-962-0000** and **press 0** for Reception



Like us on Facebook!



Follow us on Instagram!

Website: www.bqwchc.com