

Belleville

Yak and Snack

**2nd Friday in October, November &
December, 2023 at 1:30 pm**

Join us IN-PERSON to connect with others, chat
and enjoy a snack!

DATE: October 13
November 10
December 8

TIME: from 1:30-3:30 pm

WHERE: BQWCHC, 161 Bridge Street West, Unit 1




let's Chat

about your interests, what is
happening at our Centre and in our
community

FREE & Open to Everyone in the Community!

Facilitated by BQWCHC Volunteers.

**Drop by on the 2nd Friday 1:30 pm or for more information:
Call BQWCHC at 613-962-0000 and press 0 for Reception**

 Like us on Facebook!

 Follow us on Instagram!

Website: www.bqwchc.com



Community Wellness