



Community Wellness

Quinte West Social Group



Usually 2nd & 4th Mondays at 10:30 am

Join us IN-PERSON to connect with others and try a fun activity!

WHEN: 2nd and 4th Monday of each month from 10:30 am—12:00 pm

SPRING 2024

ACTIVITY:

Mon. July 8 Word Searches & Cross words

Mon. July 22. Crafts

Mon. August 12. Scramble Word Game

Mon. August 26. Crafts

Mon. September 9. Discussion about harvesting your garden and preserving

Mon. September 23. Crafts

Colouring always available.

WHERE: Quinte West Public Library, 7 Creswell Dr., Trenton

FREE & Open to Everyone in the Community!

Drop by on the 2nd or 4th Monday at 10:30 am or for more information:
Call QW Library at **613-394-3381, ext. 3325** or BQWCHC at **613-965-0698**
and press 0 for Reception



Website: www.bqwchc.com