



Community Wellness

Quinte West Social Group

Usually 2nd & 4th Mondays at 10:30 am

Join us IN-PERSON to connect with others and try a fun activity!

WHEN: 2nd and 4th Monday of each month
from 10:30 am-12:00 pm



FALL 2023

ACTIVITY:

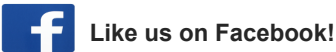
- Mon. Sept 11 Word Games
- Mon. Sept 25. Crafts
- Wed. Oct 11. Trivia
- Mon. Oct 23. Writing and Story Prompts
- Mon. Nov 13 Word Searches
- Mon. Nov 27. Crafts
- Mon. Dec 11. Crafts

Colouring always available.

WHERE: Quinte West Public Library, 7 Creswell Dr., Trenton

FREE & Open to Everyone in the Community!

Drop by on the 2nd or 4th Monday at 10:30 am or for more information:
Call QW Library at **613-394-3381, ext. 3325** or BQWCHC at **613-965-0698**
and press 0 for Reception



Website: www.bqwchc.com