

Gender Journeys

Starting November 2024



WHAT: For those 18+ who identify as transgender, non-binary, gender diverse and are interested in better understanding their gender or gender transition

This 10 week group will help you to:

- Discuss gender, identity, medical and legal transitions
- Share experiences, the impact of transitioning, coping with challenges
- Learn about community supports and services
- Light snack and refreshments provided

WHEN: Tuesday November 19 2024—Tuesday , February 4 2025
Break for Holidays December 24 & 31
5:30—7:30pm
Offered in person only

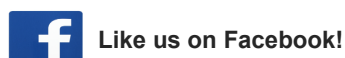
WHERE: Belleville and Quinte West Community Health Centre

ADVANCE REGISTRATION REQUIRED

**For more information or to register, please call [613-962-0000](tel:613-962-0000)
A short intake is required before attending.**

Please Note:

This program is being offered with appropriate safety precautions due to COVID-19.



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Website: www.bqwchc.com

Community Wellness