

Gender Journeys

Starting
February
11th!

About the Program:

For individuals 18+ who identify as transgender, non-binary, gender diverse, and are interested in better understanding their gender or gender transition.



When & Where

When:

Tuesday February, 11 -
Tuesday April 15, 2025.
Time: 5:30-7:30pm

Where:

Belleville and Quinte West
Community Health Centre
161 Bridge St. W - Belleville

Program Highlights

This 10-week group will help you to:

- Discuss gender, identity, medical and legal transitions
- Share experiences, the impact of transitioning, coping with challenges
- Learn about community supports and services
- Build connections and friendships

A light snack and refreshments will be provided.

ADVANCED REGISTRATION IS REQUIRED

For more information or to register, please call: **613-962-0000 ext. 262** or email: **rossa@bqwchc.com**. A short intake is required prior to attending.



Belleville and Quinte West
Community
Health Centre



Canadian Mental
Health Association
Hastings Prince Edward
Addictions and Mental Health Services