



# Spotlight on Diabetes



1st Thursday of each month at 10:00am

June 2024

## My Diabetes Care: More That Just Blood Sugars



**WHAT:** A monthly support group with FREE presentations appropriate for those who have been diagnosed with diabetes, their caregivers, and partners.

**WHEN:** 1st Thursday of each month from 10:00—11:30 am

**WHERE:** 161 Bridge St. W., Belleville

**FREE & Open to Everyone in the Community!**  
For more information, please call **613-962-0000**

*Note: Group programs may be cancelled with short notice due to COVID-19.*



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