

## Spotlight on Diabetes

1st Thursday of each month at 10:00am

September 2023

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Never Miss a Step

In Diabetes

## **Foot Care**



- WHAT: A monthly support group with FREE presentations appropriate for those who have been diagnosed with diabetes, their caregivers, and partners.
- WHEN: 1st Thursday of each month from 10:00—11:30 am
- WHERE: 161 Bridge Street West, Belleville

FREE & Open to Everyone in the Community!

For more information or to reserve your spot, please call 613-965-0698

Note: Group programs may be cancelled with short notice due to COVID-19.



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